



2023-2024 SCHEDULE

The Pulse Performing Arts Center
(816) 941-2278 www.thepulsepac.com
Red Bridge Shopping Center
11141 Locust St, Kansas City, MO 64131



Classes run continually from SEPTEMBER 2023 - MAY 2024, with our annual Recital on June 1-2. Advance registration required. Forms available at the studio and online. See page 2 for details.

IMPULSE

IMPulse is our popular recreational program, and classes are open to all dancers.

PreK (Ages 3-4)

Monday 4:15-5:00pm	Tap/Ballet Combo
Tuesday 4:30-5:15pm	Tap/Ballet Combo
Thursday 5:00-5:45pm	Tap/Ballet Combo

K/1 (Ages 5-6)

Monday 5:00-5:45pm	Tap & Ballet Combo
Tuesday 5:15-6:00pm	Tap & Ballet Combo
Wednesday 4:45-5:30pm	Hip Hop
Wednesday 5:00-6:30pm	Competition
Wednesday 5:30-6:15pm	Tap & Ballet Combo

Levels 1-4

The following classes are for dancers in 2nd grade and up. Dancers are placed in classes based on a combination of dance experience and age.

Monday 5:15-6:00pm	Hip Hop 1
Monday 6:00-7:00pm	Intermediate/Adv Acro
Monday 6:15-7:00pm	Tap 2
Monday 7:00-8:00pm	Hip Hop 2
Monday 7:00-7:45pm	ADULT TAP
Monday 8:00-9:00pm	Hip Hop 3-4
Tuesday 4:30-5:00pm	Tap 1
Tuesday 5:00-5:45pm	Ballet 1
Tuesday 5:45-6:30pm	Jazz 1
Tuesday 6:00-6:45pm	Tap 3-4
Tuesday 7:30-8:15pm	Ballet 2
Tuesday 7:45-8:15pm	Strength & Stretch
Tuesday 8:15-9:00pm	Jazz 2
Wednesday 5:00-5:30pm	Strength & Stretch
Wednesday 8:30-9:15pm	Hip Hop 3-4
Thursday 5:00-5:45pm	Ballet 1
Thursday 5:00-5:45pm	Jazz 2
Thursday 5:45-6:30pm	Jazz 1
Thursday 5:45-6:30pm	Ballet 2
Thursday 6:30-7:15pm	Hip Hop 1
Thursday 8:00-9:15pm	Jazz/Leaps & Turns 3-4

COMPETITION

Participation is through Audition only. Auditions will be held Wednesday June 7th. See website for more information. Placement decisions are at the discretion of the faculty.

Level 1

Tuesday 5:00-5:45pm	Ballet 1
Tuesday 6:15-6:45pm	Leaps & Turns 1
Tuesday 6:45-7:15pm	Tap 1
Thursday 5:15-6:00pm	Contemporary 1
Thursday 6:30-7:15pm	Ballet 1
Thursday 7:15-8:00pm	Jazz 1

Level 2

Monday 5:00-6:00pm	Jazz 2
Monday 6:00-7:00pm	Ballet 2
Monday 8:00-8:45pm	Tap 2
Wednesday 5:30-6:30pm	Ballet 2
Wednesday 6:30-7:30pm	Leaps & Turns 2
Wednesday 7:30-8:30pm	Contemporary 2

Level 3

Tuesday 5:00-6:00pm	Leaps & Turns 3
Tuesday 6:00-6:45pm	Tap 3
Tuesday 6:45-7:45pm	Ballet 3
Tuesday 8:15-9:15pm	Contemporary 3
Thursday 6:30-7:30pm	Ballet 3
Thursday 7:30-8:30pm	Jazz 3

Level 4

Monday 5:15-6:00pm	Tap 4
Monday 6:00-7:00pm	Leaps & Turns 4
Monday 7:00-8:00pm	Ballet 4
Wednesday 6:30-7:30pm	Contemporary 4
Wednesday 7:30-8:30pm	Jazz 4
Saturday 9:00-10:00am	Ballet 4

Additional Classes

Monday 5:15-6:00pm	Hip Hop 1
Monday 6:00-7:00pm	Intermediate/Advanced Acro
Monday 7:00-8:00pm	Intermediate Hip Hop
Monday 8:00-9:00pm	Intermediate/Advanced Hip Hop
Tuesday 7:45-8:15pm	Strength & Stretch (all levels)
Wednesday 5:00-5:30pm	Strength & Stretch (all levels)
Wednesday 8:30-9:15pm	Intermediate/Advanced Hip Hop
Wednesday 8:30-9:15pm	Pointe (by approval)
Thursday 8:30-9:15pm	Pointe (by approval)

Level 5

Tuesday 6:45-8:15pm	Leaps & Turns 5
Tuesday 8:15-9:45pm	Ballet 5
Thursday 7:15-8:45pm	Jazz 5
Thursday 8:45-9:45pm	Contemporary 5
Saturday 9:00-10:00am	Ballet 5

Level 6

Monday 7:00-8:15pm	Leaps & Turns 6
Monday 8:15-9:45pm	Ballet 6
Wednesday 5:30-7:00pm	Jazz 6
Wednesday 7:00-8:30pm	Ballet 6
Saturday 9:00-10:00am	Contemporary 6

SHOW TEAM

Open to all dancers 2nd grade and up. No audition required! Dancers are required to take one Jazz and one Ballet class per week, plus their rehearsal pod.

Dancers will be assigned one Jazz and one Ballet class from above Impulse classes plus their rehearsal pod on:
Tuesday 6:30-7:30pm Rehearsal

HOURS PER WEEK	MONTHLY TUITION WITH AUTOPAY
30 min - 1 hour	\$68
1.25-1.5 hours	\$99
1.75-2 hours	\$126
2.25-2.5 hours	\$147
2.75-3 hours	\$163
3.25-3.5 hours	\$189
3.75-4 hours	\$205
4.25-4.5 hours	\$215
4.75-5 hours	\$236
UNLIMITED	\$270

HOW TO ENROLL

Please call us at (816) 941-2278 for assistance in finding the right classes or for help getting started.

If you already know which classes you would like to enroll your dancer in please visit us at www.ThePulsePAC.com to enroll online! Click on Class Information and in the dropdown menu you will see Register. Simply click on the button and follow the prompts to enroll! It's that easy! Or just use this QR code!



TUITION

Tuition is processed through direct withdrawal from a debit or credit card account on the 3rd of each month (Sept-May). Monthly tuition rates shown in the table to the left include a \$5 discount for using autopay. Customers have the option of not using autopay, but the discount does not apply and you add \$5 to the rates shown. We offer sibling tuition discounts of 5% for the first sibling and 10% off for additional siblings.

Competition Team refer to your Handbook for your Tuition & Fees

DRESS CODE

The Pulse sells many of the basics dancers will need for class: trunks, sports bras, tights, leotards, tap ties, bun covers, and dance bags. We also have coupons at the front desk for several of the local dancewear stores that will carry a larger variety of styles and brands.

PRE-K & K/1 CLASSES

HIP HOP: Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.

TAP/BALLET COMBO: Leotard & footed tights, any color/style. Tap shoes and ballet shoes. Girls should have hair pulled up and off their face and neck. **TIP:** Remove the bows/ties from tap shoes and replace with elastic tap ties. (Available at The Pulse or at dance supply stores). Boys: T-shirt and tights or shorts, tap shoes, ballet shoes.

JAZZ, LEAPS & TURNS, CONTEMPORARY & ACRO

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard, but no t-shirts are allowed. Split sole jazz shoes, any color for Jazz and Leaps & Turns. No dance sneakers or dance paws. Bare feet for Contemporary & Acro. Hair is to be pulled back and off the face. **BOYS:** Fitted t-shirt and shorts or jazz pants. Split sole jazz shoes, any color.

BALLET & POINTE

GIRLS: Pink footed tights (must fully cover the foot), pink split sole ballet slippers, and solid Black leotard without skirt for all levels and Pointe classes. Hair is to be pulled back and in a bun. Additional clothing such as t-shirts, shorts, warm-ups, skirts, shiny tights, or shiny leotards are not acceptable. No visible undergarments under leotards or tights; all leotards have shelf liners that provide sufficient support, and students should find a leotard that provides them a sufficient level of support. **BOYS:** White t-shirt & black footed tights, or unitard. Black split sole ballet shoes.

TAP

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard. Tap oxford shoes. Solid-color, ankle-length socks can be worn if needed. **BOYS:** Fitted t-shirt and shorts or jazz pants. Tap oxford shoes.

HIP HOP

Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.

IMPORTANT DATES

SEPTEMBER 2023

- 4 Studio Closed for Labor Day
- 5 First day of classes, 2023-2024 Season!

OCTOBER 2023

- 24-30 Customer Appreciation & Halloween Costumes Week
- 31 Studio Closed for Halloween

NOVEMBER 2023

- 15 Recital Costume Fee due, \$85 per class
- 20-26 Studio closed for Thanksgiving Break

DECEMBER 2023

- 22 Studio closes for Winter Break thru January 7

JANUARY 2024

- 8 Classes resume from Winter Break

FEBRUARY 2024

- 15 Recital Participation Fee due - \$70 per dancer / \$95 for families with 2+ dancers - includes a t-shirt for each dancer.

MARCH 2024

- 11-16 Studio closed for Spring Break

APRIL 2024

- 13 Recital Tickets go on sale at 10am, Etix online
- 15 Recital Forms Due

MAY 2024

- 6-9 Recital Costumes sent home
- 20-23 Recital Spirit Week!
- 23 Last day of classes!
- 25-27 Studio Closed for Memorial Day
- 30 Recital Rehearsal at the theater - Combos & CPC
- 31 Recital Rehearsal full cast except Combos at the theater

JUNE 2024

- 1 Recital 5pm performance
- 2 Recital 2pm performance
- 10 Beginning of Summer Session
- TBA Competition Team Auditions for 2024-2025 season

SEPTEMBER 2024

- 3 First day of classes for 2024-2025 season!

.....
THANK YOU for allowing us to share the joy of dance with your child!