



# 2024-2025 SCHEDULE

The Pulse Performing Arts Center  
(816) 941-2278 www.thepulsepac.com  
Red Bridge Shopping Center  
11141 Locust St, Kansas City, MO 64131



Classes run continually from SEPTEMBER 2024 - MAY 2025,  
with our annual Recital on May 31 & June 1. Advance registration required. Forms  
available at the studio and online. See page 2 for details.

## IMPULSE

ImPulse is our popular recreational program, and  
classes are open to all dancers.

### PreK (Ages 3-4)

Monday 4:15-5:00pm	Tap/Ballet Combo
Tuesday 4:30-5:15pm	Tap/Ballet Combo
Wednesday 5:30-6:15pm	Tap/Ballet Combo
Thursday 5:00-5:45pm	Tap/Ballet Combo

### K/1 (Ages 5-6)

Monday 5:00-5:45pm	Tap & Ballet Combo
Tuesday 5:15-6:00pm	Tap & Ballet Combo
Tuesday 5:00-6:30pm	Competition *
Wednesday 4:45-5:30pm	Hip Hop
Thursday 5:45-6:30pm	Tap & Ballet Combo
Thursday 6:30-7:15pm	Hip Hop

\* No audition required. Simply sign up!

### Levels 1-4

The following classes are for dancers in 2nd grade  
and up. Dancers are placed in classes based on a  
combination of dance experience and age.

Monday 5:15-6:00pm	Acro Beginner
Monday 5:15-6:00pm	Hip Hop 1
Monday 6:00-7:00pm	Acro Int/Adv
Monday 6:15-7:00pm	Tap 2
Monday 7:00-8:00pm	Hip Hop 2
Monday 8:00-9:00pm	Hip Hop 3-4
Tuesday 4:30-5:00pm	Tap 1
Tuesday 5:00-5:45pm	Ballet 1
Tuesday 5:45-6:30pm	Jazz 1
Tuesday 6:45-7:30pm	Hip Hop 2
Tuesday 7:30-8:15pm	Ballet 2
Tuesday 7:30-8:15pm	Strength & Stretch
Tuesday 8:15-9:00pm	Jazz 2
Wednesday 5:00-5:30pm	Strength & Stretch
Wednesday 5:15-6:30pm	Ballet 3-4
Thursday 5:00-5:45pm	Ballet 1
Thursday 5:45-6:30pm	Jazz 1
Thursday 7:15-8pm	Strength & Stretch
Thursday 8:00-9:15pm	Jazz/Leaps & Turns 3-4

### Adult Classes

The following classes are for adults of all ages and  
ability levels.

Monday 7:00-7:45pm	Adult Tap
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## COMPETITION

Participation is through Audition only. Auditions will be held Tuesday July 9th.  
See website for more information. Placement decisions are at the discretion of  
the faculty.

### Level 1

Tuesday 5:00-5:45pm	Ballet 1
Tuesday 6:15-6:45pm	Leaps & Turns 1
Tuesday 6:45-7:15pm	Tap 1
Thursday 5:15-6:00pm	Ballet 1
Thursday 6:30-7:15pm	Contemporary 1
Thursday 7:15-8:00pm	Jazz 1

### Level 2

Monday 5:00-6:00pm	Jazz 2
Monday 6:00-7:00pm	Ballet 2
Monday 8:00-8:45pm	Tap 2
Wednesday 5:30-6:30pm	Ballet 2
Wednesday 6:30-7:30pm	Leaps & Turns 2
Wednesday 7:30-8:30pm	Contemporary 2

### Level 3

Tuesday 7:30-8:30pm	Leaps & Turns 3
Tuesday 8:30-9:30pm	Ballet 3
Thursday 6:30-7:30pm	Ballet 3
Thursday 7:30-8:30pm	Contemporary 3
Thursday 8:30-9:30pm	Jazz 3
Saturday 9:00-9:45am	Tap 3

### Level 4

Monday 6:00-7:00pm	Jazz 4
Monday 7:00-8:00pm	Ballet 4
Wednesday 6:30-7:30pm	Contemporary 4
Wednesday 7:30-8:30pm	Leaps & Turns 4
Wednesday 8:30-9:30pm	Ballet 4
Saturday 9:00-9:45am	Tap 4

### Additional Classes

Monday 5:15-6:00pm	Hip Hop 1
Monday 5:15-6:00pm	Acro Beginner
Monday 6:00-7:00pm	Acro Intermediate/Advanced
Monday 7:00-8:00pm	Intermediate Hip Hop (Hip Hop 2)
Monday 8:00-9:00pm	Intermediate/Advanced Hip Hop (Hip Hop 3/4)
Tuesday 6:45-7:30pm	Intermediate Hip Hop (Hip Hop 2)
Tuesday 7:30-8:15pm	Strength & Stretch (all levels)
Wednesday 5:00-5:30pm	Strength & Stretch (all levels)
Wednesday 8:00-8:30pm	Pointe (by approval)
Wednesday 8:30-9:15pm	Power Pulse (open to all levels and ages 7 and up)
Thursday 7:15-8pm	Strength & Stretch (all levels)
Thursday 8-8:30pm	Pointe (by approval)

## SHOW TEAM

Open to all dancers 2nd grade and up. No audition required! Dancers are required to  
take one Jazz and one Ballet class per week, plus their rehearsal pod.

Dancers will be assigned one Jazz and one Ballet class from  
above Impulse classes plus their rehearsal pod on:  
Tuesday 6:30-7:30pm Rehearsal

HOURS PER WEEK	MONTHLY TUITION WITH AUTOPAY
30 min - 1 hour	\$70
1.25-1.5 hours	\$100
1.75-2 hours	\$130
2.25-2.5 hours	\$155
2.75-3 hours	\$180
3.25-3.5 hours	\$200
3.75-4 hours	\$220
4.25-4.5 hours	\$238
4.75-5 hours	\$256
UNLIMITED	\$285

## HOW TO ENROLL

Please call us at (816) 941-2278 for assistance in finding the right classes or for help getting started.

If you already know which classes you would like to enroll your dancer in please visit us at [www.ThePulsePAC.com](http://www.ThePulsePAC.com) to enroll online! Click on Class Information and in the dropdown menu you will see Register. Simply click on the button and follow the prompts to enroll! It's that easy! Or just use this QR code! (Registration Fee is \$25 per dancer)



## TUITION

Tuition is processed through direct withdrawal from a debit or credit card account on the 3rd of each month (Sept-May). Monthly tuition rates shown in the table to the left include a \$5 discount for using autopay. Customers have the option of not using autopay, but the discount does not apply and you add \$5 to the rates shown. We offer sibling tuition discounts of 5% for the first sibling and 10% off for additional siblings.

Competition Team refer to your Handbook for your Tuition & Fees

## IMPORTANT DATES

### SEPTEMBER 2024

- 2 Studio Closed for Labor Day
- 3 First day of classes, 2024-2025 Season!

### OCTOBER 2024

- 24-30 Customer Appreciation & Halloween Costumes Week
- 31 Studio Closed for Halloween

### NOVEMBER 2024

- 15 Recital Costume Fee due, \$85 per class
- 25-30 Studio closed for Thanksgiving Break

### DECEMBER 2024

- 22 Studio closes for Winter Break thru January 5

### JANUARY 2025

- 6 Classes resume from Winter Break

### FEBRUARY 2025

- 15 Recital Participation Fee due - \$75 per dancer / \$105 for families with 2+ dancers - includes a t-shirt for each dancer.

### MARCH 2025

- 17-23 Studio closed for Spring Break

### APRIL 2025

- 12 Recital Tickets go on sale at 10am, Etix online
- 15 Recital Forms Due

### MAY 2025

- 5-8 Recital Costumes sent home
- 19-22 Recital Spirit Week!
- 22 Last day of classes!
- 24-26 Studio Closed for Memorial Day
- 29 Recital Rehearsal at the theater - Combos & CPC
- 30 Recital Rehearsal full cast except Combos at the theater
- 31 Recital 2pm & 5pm performances

### JUNE 2025

- 1 Recital 2pm & 5pm performances
- 9 Beginning of Summer Session
- TBA Competition Team Auditions for 2025-2026 season

### SEPTEMBER 2025

- 2 First day of classes for 2025-2026 season!

## DRESS CODE

The Pulse sells many of the basics dancers will need for class: trunks, sports bras, tights, leotards, tap ties, bun covers, and dance bags. We also have coupons at the front desk for several of the local dancewear stores that will carry a larger variety of styles and brands.

### PRE-K & K/1 CLASSES

HIP HOP: Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.

TAP/BALLET COMBO: Leotard & footed tights, any color/style. Tap shoes and ballet shoes. Girls should have hair pulled up and off their face and neck. TIP: Remove the bows/ties from tap shoes and replace with elastic tap ties. (Available at The Pulse or at dance supply stores). Boys: T-shirt and tights or shorts, tap shoes, ballet shoes.

### JAZZ, LEAPS & TURNS, CONTEMPORARY & ACRO

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard, but no t-shirts are allowed. Split sole jazz shoes, any color for Jazz and Leaps & Turns. No dance sneakers or dance paws. Bare feet for Contemporary & Acro. Hair is to be pulled back and off the face. BOYS: Fitted t-shirt and shorts or jazz pants. Split sole jazz shoes, any color.

### BALLET & POINTE

GIRLS: Pink footed tights (must fully cover the foot), pink split sole ballet slippers, and solid Black leotard without skirt for all levels and Pointe classes. Hair is to be pulled back and in a bun. Additional clothing such as t-shirts, shorts, warm-ups, skirts, shiny tights, or shiny leotards are not acceptable. No visible undergarments under leotards or tights; all leotards have shelf liners that provide sufficient support, and students should find a leotard that provides them a sufficient level of support. BOYS: White t-shirt & black footed tights, or unitard. Black split sole ballet shoes.

### TAP

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard. Tap oxford shoes. Solid-color, ankle-length socks can be worn if needed. BOYS: Fitted t-shirt and shorts or jazz pants. Tap oxford shoes.

### HIP HOP

Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.