The Pulse Performing Arts Center
(816) 941-2278 www.thepulsepac.com
Red Bridge Shopping Center
11141 Locust St, Kansas City, MO 64131

2026-2027 SCHEDULE

Celebrating 21 years of excellence in dance training!

Classes run continually from SEPTEMBER 2026 - MAY 2027

With our annual Recital on June 4 & 5. Advance registration required. Registration is online at www.ThePulsePAC.com or simply use the QR code to the right!

IMPULSE

ImPulse is our popular recreational program, and classes are open to all dancers.

PreK 1 (Age 3)

Monday 4:00-4:30pm	Creative Movement
Tuesday 9:45-10:15am	Creative Movement
Tuesday 3:45-4:15pm	Creative Movement
Thursday 4:15-4:45pm	Creative Movement
Saturday 9:15-9:45am	Creative Movement

PreK 2 (Ages 4-5)

Monday 4:30-5:15pm	Tap/Ballet Combo
Tuesday 10:15-11:00am	Tap/Ballet Combo
Tuesday 4:15-5:00pm	Tap/Ballet Combo
Wednesday 5:30-6:15pm	Tap/Ballet Combo
Thursday 4:45-5:30pm	Tap/Ballet Combo
Saturday 9:45-10:30am	Tap/Ballet Combo

K/1 (Ages 5-6)

Monday 5:15-6:00pm	Tap/Ballet Combo
Tuesday 5:00-5:45pm	Tap/Ballet Combo
Wednesday 4:45-5:30pm	Hip Hop
Thursday 5:30-6:15pm	Tap/Ballet Combo
Saturday 10:30-11:15am	Tap/Ballet Combo

Levels 1-4

The following classes are for dancers in 2nd grade and up. Dancers are placed in classes based on a combination of dance experience and age.

Monday 5:15-6:00pm	Hip Hop 1
Monday 6:00-6:45pm	Tap 2
Monday 7:30-8:15pm	Hip Hop 2
Monday 8:15-9:00pm	Hip Hop 3-4
Monday 8:15-9:00pm	Acro - Int/Adv
Tuesday 4:30-5:00pm	Tap 1
Tuesday 5:00-5:45pm	Ballet 1
Tuesday 5:45-6:30pm	Jazz 1
Tuesday 7:30-8:15pm	Ballet 2
Tuesday 8:15-9:00pm	Jazz 2
Thursday 5:00-5:45pm	Acro - Beginner/Int
Thursday 7:15-8:00pm	Jazz/Leaps & Turns 3-4
Thursday 8:00-8:45pm	Ballet 3-4
Thursday 8:15-9:00pm	Acro - Int/Adv
Thursday 8:45-9:30pm	Contemporary 3-4

Adult Classes

The following classes are for adults of all ages and ability levels.

Monday 6:45-7:30pm	Adult Hip Hop
Monday 7:30-8:15pm	Adult Tap

COMPETITION

Participation is through Audition only except for Junior Superstars. Auditions will be held Monday June 29th. See website for more information. Placement decisions are at the discretion of the faculty.

Kindergarten/1st Grade*

Wednesday 5:00-6:30pm	Junior Superstars

* No audition required. Simply sign up!

Level 1

Tuesday 5:00-5:45pm	Jazz 1
Tuesday 5:45-6:30pm	Ballet 1
Tuesday 6:30-7:00pm	Leaps & Turns 1
Tuesday 7:00-7:30pm	Tap 1
Thursday 5:00-5:45pm	Ballet 1
Thursday 6:15-6:45pm	Contemporary 1

Level 2

Monday 5:00-6:00pm	Jazz 2
Monday 6:00-7:00pm	Ballet 2
Monday 7:00-7:30pm	Tap 2
Wednesday 5:00-6:00pm	Ballet 2
Wednesday 6:30-7:15pm	Conditioning 2
Wednesday 7:15-8:00pm	Contemporary 2
Wednesday 8:00-8:45pm	Leaps & Turns 2

Level 3

Tuesday 5:00-6:00pm	Jazz 3
Tuesday 6:00-6:45pm	Conditioning 3
Tuesday 7:00-8:00pm	Ballet 3
Tuesday 8:00-8:45pm	Contemporary 3
Thursday 5:45-6:45pm	Ballet 3
Thursday 6:45-7:30pm	Tap 3
Thursday 7:30-8:15pm	Leaps & Turns 3

Level 4

Monday 5:15-6:00pm	Tap 4
Monday 6:00-7:00pm	Jazz 4
Monday 7:00-8:15pm	Ballet 4
Wednesday 6:00-7:15pm	Ballet 4
Wednesday 7:15-8:00pm	Conditioning 4
Wednesday 8:00-8:45pm	Leaps & Turns 4
Wednesday 8:45-9:30pm	Contemporary 4

Level 5

Tuesday 6:45-7:30pm	Conditioning 5
Tuesday 7:30-8:15pm	Leaps & Turns 5
Tuesday 8:15-9:45pm	Ballet 5
Thursday 5:00-6:00pm	Jazz 5
Thursday 6:00-6:45pm	Tap 5
Thursday 6:45-8:15pm	Ballet 5
Thursday 8:15-9:00pm	Contemporary 5

Level 6

Monday 6:15-7:00pm	Tap 6
Monday 7:00-8:30pm	Jazz 6
Monday 8:30-9:45pm	Ballet 6
Wednesday 5:00-6:00pm	Leaps & Turns 6
Wednesday 6:00-6:45pm	Conditioning 6
Wednesday 6:45-7:45pm	Contemporary 6
Wednesday 8:00-9:30pm	Ballet 6

Additional Classes

Monday 5:15-6:00pm	Hip Hop 1 (Level 1)
Monday 7:30-8:15pm	Hip Hop 2 (Levels 2 & 3)
Monday 8:15-9:00pm	Hip Hop 3/4 (Levels 4,5 & 6)
Monday 8:15-9:00pm	Acro - Intermediate/Advanced
Thursday 5:00-5:45pm	Acro - Beginner/Intermediate
Thursday 8:15-9:00pm	Acro - Intermediate/Advanced
Saturday 12:15-12:45pm	Pointe (by approval)
Saturday 12:45-1:15pm	Pointe (by approval)

SHOW TEAM

Open to all dancers 2nd grade and up. These team is a mix of community performances and two competitions in spring 2027. No audition required! Dancers are required to take one Jazz and one Ballet class per week, plus their rehearsal pod.

Dancers will be assigned one Jazz and one Ballet class from above ImPulse classes plus their rehearsal pod on:

Tuesday 6:30-7:30pm Show Team Rehearsal

HOURS PER WEEK	MONTHLY TUITION WITH AUTOPAY
30 min - 1 hour	$75
1.25-1.5 hours	$110
1.75-2 hours	$142
2.25-2.5 hours	$172
2.75-3 hours	$198
3.25-3.5 hours	$220
3.75-4 hours	$244
4.25-4.5 hours	$263
4.75-5 hours	$284
UNLIMITED	$315

Competition Team refer to your Handbook for your Tuition & Fees

HOW TO ENROLL

Please call us at (816) 941-2278 for assistance in finding the right classes or for help getting started.

If you already know which classes you would like to enroll your dancer in please visit us at www.ThePulsePAC.com to enroll online! Click on Class Information and in the dropdown menu you will see Register. Simply click on the button and follow the prompts to enroll! It's that easy! Or just use this QR code! (Registration Fee is $25 per dancer)

TUITION

Tuition is processed through direct withdrawal from a debit or credit card account on the 3rd of each month (Sept-May). Monthly tuition rates shown in the table to the left include a $5 discount for using autopay. Customers have the option of not using autopay, but the discount does not apply and you add $5 to the rates shown.

DRESS CODE

The Pulse sells many of the basics dancers will need for class: trunks, sports bras, tights, leotards, tap ties, bun covers, and dance bags. We also have coupons at the front desk for several of the local dancewear stores that will carry a larger variety of styles and brands.

PRE-K & K/1 CLASSES

HIP HOP: Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.

CREATIVE MOVEMENT & TAP/BALLET COMBO: Leotard & footed tights, any color/style. Tap shoes and ballet shoes. Girls should have hair pulled up and off their face and neck. TIP: Remove the bows/ties from tap shoes and replace with elastic tap ties. (Available at The Pulse or at dance supply stores). Boys: T-shirt and tights or shorts, tap shoes, ballet shoes.

JAZZ, LEAPS & TURNS, CONTEMPORARY & ACRO

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard, but no t-shirts are allowed. Split sole jazz shoes, any color for Jazz and Leaps & Turns. No dance sneakers or dance paws. Bare feet for Contemporary & Acro. Hair is to be pulled back and off the face. BOYS: Fitted t-shirt and shorts or jazz pants. Split sole jazz shoes, any color.

BALLET & POINTE

GIRLS: Pink footed tights (must fully cover the foot), pink split sole ballet slippers, and solid Black leotard without skirt for all levels and Pointe classes. Hair is to be pulled back and in a bun. Additional clothing such as t-shirts, shorts, warm-ups, skirts, shiny tights, or shiny leotards are not acceptable. No visible undergarments under leotards or tights; all leotards have shelf liners that provide sufficient support, and students should find a leotard that provides them a sufficient level of support. BOYS: White t-shirt & black footed tights, or unitard. Black split sole ballet shoes.

TAP

GIRLS: Leotard, any color/style. Convertible or regular tights with dance trunks. Black jazz pants may be worn in place of tights and trunks. Students may wear tight fitting tank tops or camisoles over their leotard. Tap oxford shoes. Solid-color, ankle-length socks can be worn if needed. BOYS: Fitted t-shirt and shorts or jazz pants. Tap oxford shoes.

HIP HOP & CONDITIONING

Clothing that allows for movement. Athletic shorts, a t-shirt, and tennis shoes are a perfect outfit for this class. No school uniforms, denim, sandals, or anything that makes it difficult to move around freely.

IMPORTANT DATES

SEPTEMBER 2026
- 7 Studio Closed for Labor Day
- 8 First day of classes, 2026-2027 Season!

OCTOBER 2026
- 26-29 Customer Appreciation & Halloween Costumes Week

NOVEMBER 2026
- 15 Recital Costume Fee due, $85 per class
- 23-29 Studio closed for Thanksgiving Break

DECEMBER 2026
- 21 Studio closes for Winter Break thru January 3

JANUARY 2027
- 4 Classes resume from Winter Break

FEBRUARY 2027
- 15 Recital Participation Fee due - $80 per dancer /$115 for families with 2+ dancers - includes a t-shirt for each dancer.

MARCH 2027
- 15-21 Studio closed for Spring Break (Classes resume 3/22)

APRIL 2027
- 15 Recital Forms Due
- 17 Recital Tickets go on sale at 10am, Etix online

MAY 2027
- 3-6 Recital Costumes sent home
- 24-27 Recital Spirit Week!
- 27 Last day of classes!
- 29-31 Studio Closed for Memorial Day

JUNE 2027
- 3 Recital Rehearsal at the theater - Combos & CPC
- 4 Recital Rehearsal full cast except Combos at the theater
- 5-6 Recital 2pm & 5pm performances
- 14 Beginning of Summer Session
- TBA Competition Team Auditions for 2027-2028 season

SEPTEMBER 2027
- 7 First day of classes for 2027-2028 season!

THANK YOU for allowing us to share the joy of dance with your child!